

## Covid-19 - 6 January 2021

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This briefing includes:

- 1. Suggested interventions
- 2. Care home visitor guidance
- 3. Deaths in care homes

## 1. Suggested Interventions

- We are all concerned about the rise in Covid-19 cases and committed to do all we can to bring the figures down. Can I ask the Prime Minister provide an update on visits to care homes including the key worker visitor scheme that the Government committed to implementing - to ensure that safe care home visits are prioritised during this lockdown so families and friends stay connected, and to update the House on how the key worker visitor scheme will be operating during this time?
- I would be grateful if the Prime Minister could further explain what the Government's lockdown guidance means for people living in care homes and their loved ones. It gives visiting a care home resident as a reason individuals can leave home on page 8, but also states that close contact indoor visits are no longer permitted on page 15. Could he provide care homes, residents and families with some clarity on whether they can see each other in person at this time and on what basis?
- Data from care homes indicates that rates of death are below their five-year average, despite the spike in cases nationwide. We did see 602 deaths in care homes in the first week of December a significant increase on previous weeks and unfortunately can only anticipate that that figure has increased. What assessment has the Prime Minister made of deaths in care homes recently, and does he believe the below average data is a result of underoccupancy in care homes? Can he provide the House with figures showing the proportion of care home residents who have died during this time?

## 2. Care home visitor guidance

Throughout the course of the pandemic Alzheimer's Society has been regularly speaking with Government to ensure that people living in care homes can receive visits from their loved ones. Family and friends provide an important element of care to people with dementia living in care homes and findings from Alzheimer's Society studies have shown the devastating impact the stopping of visits has had on residents with dementia.

A study conducted by Alzheimer's Society in August 2020 found that 79% of care home managers reported lack of social contact was causing deterioration in health and wellbeing of their residents with dementia.<sup>1</sup>

Alzheimer's Society welcomed the Government's commitment in October 2020 that by December 18<sup>th</sup>, resident's loved ones will be given Key Worker status, with access to PPE and testing which would allow them to safely visit in care homes – in line with Alzheimer's Society's calls. We are extremely concerned that this announcement appears to have been quietly reversed.

<sup>&</sup>lt;sup>1</sup> https://www.alzheimers.org.uk/sites/default/files/2020-09/Worst-hit-Dementia-during-coronavirus-report.pdf



The most recent iteration of guidance, published in National Lockdown Guidance on 4 January 2021, contains statements which are contradictory and unclear and Alzheimer's Society is seeking urgent clarification from Government on this. The guidance gives two opposing statements on care home visits, which Alzheimer's Society are concerned will cause confusion amongst the sector and public.

- 1) The guidance states that "you can also leave home to visit someone who is dying or someone in a care home (if permitted under care home guidance)"2. Current care home quidance allows indoor close-contact visits if the visitor has been tested and wears suitable PPE.
- 2) However, the National Lockdown Guidance later states that "close-contact indoor visits are not allowed. No visits will be permitted in the event of an outbreak."3

Alzheimer's Society would like the Government to provide care homes, residents and families some clarity on whether they can see each other in person and on what basis.

## 3. Deaths in care homes

In the spring of 2020 Alzheimer's Society was regularly speaking with the Government to ensure that the number of those dying in care homes from Covid-19 was recorded. Alzheimer's Society welcomed the commitment from Government in April 2020 to record this data and publish it regularly – we believe that this has helped the Government and care sector gain a greater understanding of how people in care homes are being impacted by the virus.

Given that people with dementia are estimated to make up at least 70% of care home residents, Alzheimer's Society are concerned that any increase in deaths amongst care home residents will have a significant impact on the lives of people with dementia.

Between March and June 2020, at the height of the first wave of the pandemic, dementia was the most common pre-existing condition with for Covid-19 deaths, and more than a quarter (27.5%) of people who died with Covid-19 from March to June had dementia.<sup>4</sup> Moreover, the largest increase in excess non-Covid-19 deaths was in people with dementia. There were more than 5,000 excess deaths of people with dementia between 4 January and 10 July, in addition to the deaths attributed directly to Covid-19<sup>5</sup>.

Recent data from care homes indicates that rates of death are below their five-year average, despite a significant rise in Covid-19 cases nationwide. Figures from the most recent week available (w/b 4th December 2020) show that there were 602 deaths from Covid-19 in care homes but 453 fewer overall deaths than the five-year average.<sup>6</sup>

Given the discrepancy between rapidly rising case rates and death rates in the wider UK from Covid-19 but lower than average five-year average deaths in care homes, Alzheimer's Society would like to hear the Government's assessment of the situation.

Alzheimer's Society believes this could be caused by a lower than normal occupancy rate in care homes but would like the Government to publish figures showing the proportion of care home residents who have died during this time.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/949536/NationalLockdownGuidance.pdf https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/949536/NationalLockdownGuidance.pdf

https://www.ons.gov.uk/peoplepopulationandcommunity/ englandandwales Dataset: Death registrations not involving coronavirus (COVID-19): England and Wales, 02 September 2020. [Online] 2020

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