

Publications catalogue

2024



Alzheimer's
Society

Together we are help & hope
for everyone living with dementia



Introduction

Living with dementia as a person with the condition or a carer can present you with challenges you don't expect. The right information can help you to deal with everything dementia presents. It can support you when you're not sure where to turn.

We've listed our available information and resources in categories that follow common experiences of dementia. These are times when people living with dementia including carers, families and friends have told us they need the most support and advice.

You'll find a range of publications within each section of this catalogue. Single copies are free. See page 45 for details of costs for bulk orders. You can use the order form inside the back cover or find the information online using the relevant code or webpage.

We have shorter and longer-form resources, and practical tools to help you find the information you need, including:

- short one-page A4 sized helpsheets that provide summarised information (these are all available to listen to online at **alzheimers.org.uk/helpsheets**)
- factsheets (A4 sized) that give more detail on topics. These are usually between 16 and 28 pages.
- booklets (A5 sized) that cover single topics, or longer booklets that provide an overview of a wider range of subjects
- Easy Read (A4 sized) factsheets
- more detailed audio information available at **alzheimers.org.uk/audioandvideo** – look for this icon 
- information translated into a range of languages, including Welsh, indicated by WEL and British Sign Language (BSL), where you'll see this icon. 

You can find lots of this information online at **alzheimers.org.uk**

Every resource listed in this catalogue and on our website has been produced by experts, using thorough processes to ensure its accuracy and usability. You can rely on this information, which has also been reviewed by people with dementia, carers and professional specialists.

Take time to look through the catalogue and select the information you need and its code, in the format that works best for you. Use the order form inside the back cover or call **0300 303 5933** to order copies. You can also read, download and order publications at **alzheimers.org.uk/publications**

Audio, translations, BSL and Braille

All our one page helpsheets are available to listen to at **alzheimers.org.uk/helpsheets**



Here, you can also read and download the information in the following languages: Arabic, Bengali, Gujarati, Traditional Chinese, Hindi, Urdu, Punjabi, Polish, Sylheti and Welsh. Availability of these will be indicated by this icon.



You can listen to audio factsheets for free online at **alzheimers.org.uk/audioandvideo** Availability of these will be indicated by this icon.



Our British Sign Language (BSL) videos can be viewed at **alzheimers.org.uk/accessibleresources** You will see BSL and this icon where these are available.

A complete set of helpsheets (HSXBR) is available to order in Braille.

Some of our factsheets are available in Welsh. This is indicated by WEL in the listings.



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1 About dementia

The publications listed in this section provide information on dementia, different types of dementia, risk and general aspects of the condition.

We produce introductory information on types of dementia and some other general subjects in different formats – so you can choose what is most appropriate for you.

Other publications are available in the format stated.

What is dementia?

Factsheet code 400
BSL, WEL code 400WEL



What is dementia?

Easy Read factsheet code ER1
(simplified versions with images and plain language)

What is dementia?

Helpsheet code HS1



What is Alzheimer's disease?

Factsheet code 401, BSL, WEL



What is vascular dementia?

Factsheet code 402, BSL, WEL



What is dementia with Lewy bodies (DLB)?

Factsheet code 403, BSL



What is frontotemporal dementia (FTD)?

Factsheet code 404, BSL



Genetics of dementia

Factsheet code 405

Learning disabilities and dementia

Factsheet code 430

What is alcohol-related brain damage (ARBD)?

Factsheet code 438

What is young-onset dementia?

Factsheet code 440

Rarer causes of dementia

Factsheet code 442

The progression and stages of dementia

Factsheet code 458



What is mild cognitive impairment (MCI)?

Factsheet code 470

Deaf and dementia: What causes dementia?

BSL video



1

Information on the risk of dementia

Risk factors for dementia

Factsheet code 450

Dementia: Reducing your risk

Booklet code 35

This booklet is for people in their 40s, 50s or 60s who want to reduce their risk of getting dementia. It has information about dementia risk and a range of practical tips for reducing risk, including eating healthily and keeping physically, mentally and socially active.

56 pages, A5



2 Getting a diagnosis

Being assessed for dementia can be extremely stressful. From worrying about symptoms, to going to assessments and talking to others, you may go through many emotions. The information in this section aims to help you understand how a diagnosis might be given and what happens after this.

Diagnosing dementia

Booklet code 78DD

alzheimers.org.uk/diagnosing-dementia

This booklet provides information for anyone worried about symptoms they are experiencing or that they have noticed in someone else. It sets out clearly the process of talking to the GP, as well as possible tests, scans and assessments that can be involved.

64 pages, A5



Symptoms checklist

Code 78DD checklist

alzheimers.org.uk/checklist

Our symptoms checklist can be used to record symptoms and changes. This can be helpful to take to appointments with the GP or other health professionals.

Young-onset dementia: Understanding your diagnosis

Booklet code 688

This booklet is for anyone diagnosed with dementia under the age of 65. It covers information about treatment, support and services that are available and includes tips on managing relationships and advice if you are working, drive or have young children.

76 pages, A5

Supporting children and young people when a person has dementia

Factsheet code 515



3 Practical arrangements after diagnosis

When you're told you have dementia, it can be confusing to know what to do next. There are some specific, practical actions that can help you make life easier to manage and prepare for times when you need further support. Find information here on financial and legal arrangements.

Benefits for people affected by dementia

Factsheet code 413

Council tax

Factsheet code 414

Direct payments

(This factsheet is specific to Northern Ireland)
Factsheet code NI431

Driving and dementia

Factsheet code 439

Mental Capacity Act 2005

Factsheet code 460

Advance decisions and advance statements

Factsheet code 463

Financial and legal tips

(This factsheet is specific to Northern Ireland)
Factsheet code NI467

Lasting power of attorney

Factsheet code 472



Enduring power of attorney and controllership

(This factsheet is specific to Northern Ireland)
Factsheet code NI472

Personal budgets

Factsheet code 473

Support for people with dementia

Helpsheet code HS5



Managing money and making decisions

Helpsheet code HS6



Managing your money

Booklet code 1501

This booklet gives advice on paying bills and managing bank accounts. It also gives tips on keeping your money safe and planning for the future.

40 pages, A5

Employment

Booklet code 1509

This booklet explains the law related to employment and gives advice on continuing and stopping work.

40 pages, A5

Planning ahead

Booklet code 1510

This booklet looks at putting plans in place for the future including financial and legal plans. It also contains a template advance statement to record your wishes for care in the future.

40 pages, A5

Accessing and sharing information on behalf of a person with dementia

Booklet code 882

This booklet will help you to understand when you may be able to have a right to access information on behalf of someone with dementia. It also tells you how to complain if you believe you were wrongly denied access to someone's information.

Information in this booklet is based on laws in England, Wales and Northern Ireland.

32 pages, A5



4 Symptoms and treatments

Dementia affects how you feel and make sense of the people and places around you. Understanding more about this can help you and the people around you get better support. There are also different types of treatment that can make life easier. The publications listed here cover a wide range of topics that cover different aspects of coping with dementia.

The memory handbook

Booklet code 1540

**[alzheimers.org.uk/
memoryhandbook](https://alzheimers.org.uk/memoryhandbook)**

This booklet is for people with memory problems, including those with a diagnosis of dementia or mild cognitive impairment (MCI), or those without a diagnosis.

It suggests lots of strategies, aids and tools to help people with memory problems cope, stay independent and live well. Many of these suggestions are from people living with memory problems.

68 pages, A5



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Medicines to help memory and thinking

Factsheet code 407

Antipsychotic drugs and other approaches in dementia care

Factsheet code 408

How the GP can support a person with dementia

Factsheet code 425



Walking and dementia

Factsheet code 501

Aggressive behaviour

Factsheet code 509

Changes in perception

Factsheet code 527

Understanding denial and lack of insight

Factsheet code 533

Understanding sleep problems, night-time disturbance and dementia

Factsheet code 534

4

Changes that happen with dementia

Helpsheet code HS2

**What are non-drug treatments for dementia?**

Helpsheet code HS3

**Medicines to help memory and thinking**

Helpsheet code HS4

**Coping with memory loss**

Helpsheet code HS7



You will also find information on dealing with symptoms and treatments in **Section 6 Adjusting to caring for someone with dementia** on page 20.



5 Adjusting to life with dementia

With the right support and information, people with dementia can continue to do many things that are important to them. The publications listed here focus on keeping physically and mentally healthy, safe, active and involved. They include longer guides with practical advice on how to do this, or that provide an overview of a range of different aspects of living with dementia. And you'll also find other resources that cover specific topics.

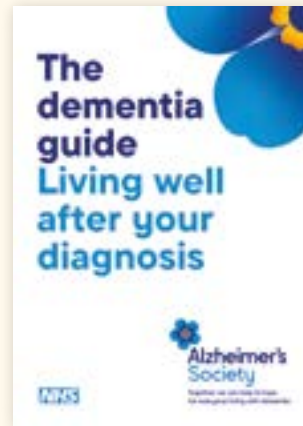
The dementia guide

Booklet code 872

**alzheimers.org.uk/
dementiaguide**

This booklet is for anyone with a recent diagnosis of dementia. It will give you a general overview of a range of topics. It will help you to understand more about dementia and the treatments, support and services that are available. It also includes information about how you can live as well as possible with dementia, and about making plans for the future.

180 pages, A5

**Physical activity, movement and exercise**

Factsheet code 529

Keeping safe at home

Booklet code 1502

This booklet provides advice on making adaptations and using technology in different areas of your home to make a safe and supportive environment.

36 pages, A5

Driving

Booklet code 1504

This booklet explains what a diagnosis of dementia means if you drive. It looks at the legal requirements on when to stop driving and provides practical tips on managing without a car.

20 pages, A5

Keeping active and involved

Booklet code 1506

This booklet gives tips to help you keep your skills and abilities for longer, including things to do at home and in the community.

32 pages, A5

Your relationships

Booklet code 1507

This booklet outlines how relationships with different people might change when you have dementia. It explains the impact dementia might have on your feelings, communication and plans.

32 pages, A5

Using equipment and making adaptations at home

Factsheet code 429

Using technology to help with everyday life

Factsheet code 437

Dental and mouth care

Factsheet code 448

Grief, loss and bereavement

Factsheet code 507

Eating and drinking

Factsheet code 511

Sex, intimacy and dementia

Factsheet code 514

Going on holiday when a person has dementia

Factsheet code 474

Living alone

Booklet code 1508

This booklet contains practical strategies for dealing with challenges you may come across when living alone.

32 pages, A5

LGBTQ+: Living with dementia

Booklet code 1511

This booklet is for anyone who is lesbian, gay, bisexual, trans or queer and has dementia. It explains some of the implications of having dementia for LGBTQ+ people and includes advice on getting the right support and living well.

40 pages, A5

Making your home dementia friendly

Booklet code 819

This booklet is for people with dementia who are living at home. It describes ways to adapt the home to make it safe and help make daily living easier.

36 pages, A5

The activities handbook

Booklet code 77AC

This booklet is for anyone who is caring for a person with dementia. It will help you suggest enjoyable, meaningful and engaging activities for the person with dementia and the people around them.

76 pages, A5

Staying healthy and active when you have dementia

Helpsheet code HS8

**BSL Coping with changes in communication and behaviour****BSL Staying as independent and healthy as possible**

“

It's supporting to know that there is a website like yours to find any information that might be needed to assist people in caring for their loved ones with dementia.

Carer for a person with dementia

”



6 Adjusting to caring for someone with dementia

Carers can face challenges with aspects of adapting to changes that dementia brings. The publications in this section include a comprehensive guide for carers. Other information provides reassurance and ideas for important aspects of providing care and support with specific common aspects of dementia. Information here also includes guidance on looking after yourself as a carer.

Caring for a person with dementia: A practical guide

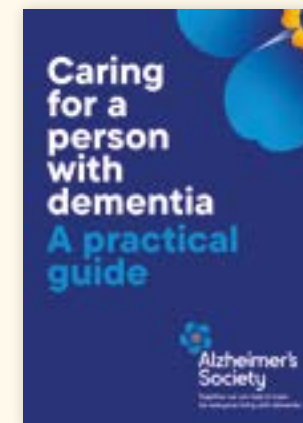
Booklet code 600

alzheimers.org.uk/carersguide

This guide provides information on the topics that are important when you are supporting a person with dementia. This includes symptoms, treatment, staying well, preparing for the future and your rights as a carer.

The guide reflects the current experience of caring for a person with dementia. It was reviewed by carers who told us what advice would have been most helpful to them in their own caring roles.

188 pages, A5



6

Supporting a person with dementia who has depression, anxiety or apathy

Factsheet code 444

Supporting an LGBTQ+ person with dementia

Factsheet code 480

Communicating

Factsheet code 500



Continence and using the toilet

Factsheet code 502

Supporting a person with washing and dressing

Factsheet code 504

Carers: looking after yourself

Factsheet code 523

**Understanding and supporting a person with dementia**

Factsheet code 524

Changes in behaviour

Factsheet code 525

**Supporting a person with memory loss**

Factsheet code 526

**Communicating with a person with dementia**

Helpsheet code HS9

**Support for people who look after someone with dementia**

Helpsheet code HS10

**Easy Read: Helping a person with dementia**

Easy Read factsheet code ER2



Our information comes in a range of formats including:

- **Helpsheets** – one-page, summarised information
- **Factsheets** – longer, more detailed information

See the beginning of the catalogue for more details on our print, audio and online publications



7 Needing greater support with care

A person's needs will change over time as dementia progresses. Publications here provide advice on accessing support services. You can also find a selection of practical tools that can help you deal with the difficulties and challenges of living with dementia.

Assessment for care and support in England

Factsheet code 418

Assessment for care and support in Northern Ireland

Factsheet code NI418

Assessment for care and support in Wales

Factsheet code W418

Respite care in England

Factsheet code 462

Respite care in Northern Ireland

Factsheet code NI462

Respite care in Wales

Factsheet code W462

Paying for care and support in England

Factsheet code 532

Paying for care and support in Northern Ireland

Factsheet code NI532

Paying for care and support in Wales

Factsheet code W532

Deprivation of Liberty Safeguards (DoLS)

Factsheet code 483

Deputyship

Factsheet code 530

When does the NHS pay for care?

Booklet code 813

This booklet explains what NHS continuing healthcare is including who can get it, assessment and next steps if it's not awarded. The information applies to people living in England with long-term support needs from the NHS or social services.

60 pages, A4

Practical tools**My appointments**

Booklet code 923

alzheimers.org.uk/myappointments

This booklet is designed to help people living with dementia keep track of the appointments they have with health and social care professionals.

There is room to record the professional's contact details, write down any questions and make a note of what was said during the meeting.

32 pages, A4



“

A gentleman who cares for his wife said that he was seeing so many people, had so many appointments ... He couldn't remember who they were, some never came again and he was scribbling notes in a little diary. I said maybe My appointments (code 923) would help. He was thrilled and said it was probably the most useful visit so far.

Professional carer

”

Helpcards

(credit card sized)

These cards are for people with dementia to use and carry with them, to make it easier to get assistance when they're out in the community. They are a great tool to help a person with dementia maintain their independence.

I have memory problems

Helpcard code 1561

I have dementia

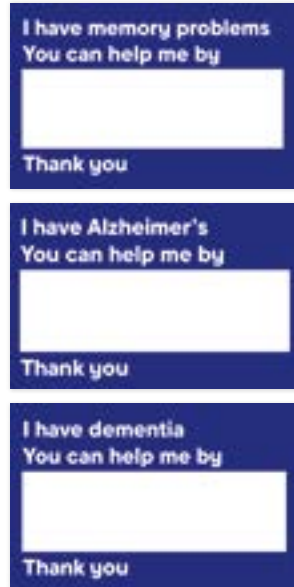
Helpcard code 1562

I have Alzheimer's disease

Helpcard code 1563

I have memory problems (double sided)

Helpcard code 1564



“

I sent out Supporting a person with dementia who has depression, anxiety or apathy (code 444) and the gentleman fed back to say he found it, “wonderful, fantastic and excellent” in helping him relate to how his wife is presenting.

Care professional

”

8 Hospitalisation

Going into hospital when you have dementia can be difficult and frightening. It can help to know what to expect and be prepared. The resources listed here cover aspects relating to hospital care including infections and mental health. You can also read about **This is me** – our simple, powerful tool that supports person-centred care.

This is me

Code 1553

alzheimers.org.uk/thisisme

This simple and powerful resource can be used to record details about a person with dementia who can't easily share information about themselves. It enables health and social care professionals to better understand the person's preferences and needs so they can provide more person-centred care.

Single copies of This is me are available to order for free. You can also download it to print and complete or save it to a device and fill it in electronically.

It's also available to order in packs of 25 for £3.50. Use the code 1553X.

The Mental Health Act 1983

Factsheet code 459

Hospital care

Factsheet code 477

Urinary tract infections (UTIs) and dementia

Factsheet code 528



9 Care homes

Many people with dementia move into a care home when this offers them the best support. But this can be a stressful time to think about and the person with dementia, carers, families and friends can find it difficult and unsettling. Our information on care homes provide advice and reassurance on every aspect of looking at this option. This includes checklists, tips and managing your emotions.

Choosing a care home for a person with dementia

Booklet code 690

This booklet will help with choosing the right care home for a person with dementia.

It is written for carers or family members but may also be useful for people with dementia who want to plan ahead. It explains the process you will need to go through, and includes checklists of things to consider. It also has tips for moving in and how to handle other issues that may arise.

82 pages, A5

We are developing further information on decision-making on housing options including care homes and supporting someone in a care home. Visit [alzheimers.org.uk/publications](https://www.alzheimers.org.uk/publications) for an up-to-date list on all available publications.



“

Your information is very thorough, well-written and extremely informative. It is good to be able to access such information. It helps me as a carer identify some of the behaviours of my partner and highlight them to healthcare professionals.

Carer for a person with dementia

”

10 Later stage of dementia

When the person is in the later stage of dementia, there are particular challenges to cope with. These factsheets provide detailed information on changes including physical and emotional needs, and treatment and care. In our end of life information, we also cover decision-making, communication and palliative services.

Supporting a person in the later stage of dementia

Factsheet code 417

End of life care

Factsheet code 531

10



See also **Section 6 Adjusting to caring for someone with dementia** for information on aspects of behaviour, care and support that may help when the person is in the late stage of dementia.

“

I can't tell you what a difference it has made recently to be able to say 'I've got something which will help' and have publications to hand. Thank you for getting these publications from your warehouse to my door, and then to the hands of the person. Being out and about this week I really saw how each time you pack a box of publications it really does make a difference.

Care professional

”



11 Dementia awareness

We produce a range of free resources that can be used to raise awareness of dementia or promote Alzheimer's Society products and services.

Order these for events and activities to spread the word about dementia and direct people to support and information.

Publications catalogue

Code PL1

This catalogue can be used to promote the range of information Alzheimer's Society produces to help people living with dementia, or to support someone with the condition.

Dementia together magazine promotional leaflet

Code DTMPL

This leaflet tells people what they can expect from Dementia together magazine – for all Society supporters and anyone affected by the condition – and encourages them to subscribe.

Dementia Support service user leaflet

Code DSSU

If you need dementia support, we're here for you. This leaflet outlines the support available to anyone with dementia, their carers, families and friends. This covers face-to-face, online and phone support.

Dementia Support for health care professionals leaflet

Code DSHCP

This leaflet is for health care professionals who might need expert advice on how they can support their patients in the best way possible.



Dementia Support Forum

Code 317

This leaflet introduces Alzheimer's Society's Dementia Support forum, an online support community for people with dementia, and their carers and families. It includes information on how to access the forum.

5 things you should know about dementia

English – Code 5THINGS17

Welsh – Code 5THINGSBIL17

This informative booklet explains the facts and dispels the myths about dementia. Please contact marketing@alzheimers.org.uk for information on the different languages available.

Promote your dementia support services postcard

Code DD2

This postcard is for organisations that provide support services for people affected by dementia. It highlights how organisations can promote their services by listing them in our easy-to-use online Dementia Directory.





Dementia together magazine

Dementia together is our magazine for all Society supporters and anyone affected by dementia.

Its inspiring stories and ideas come straight from people dealing with dementia day to day and others doing what they can to make a difference.

Find out more about how you can read and listen to our articles.

Read our magazine

Sign up to receive Dementia together – our bi-monthly magazine featuring the latest Society news and real-life stories for supporters and anyone affected by dementia.

You can get our 40-page magazine every two months in the post or by email. It's also available on CD.

As a Dementia together subscriber, you can read our interviews, features, news and reviews as well as taking part in competitions and sharing your thoughts.

Donate what you can or receive the magazine for free – any donation you can make will go towards providing help and hope to people affected by dementia.

Dementia together magazine

Code DTM

Six issues per year

40 pages, A4

(also available by email or on CD)

Subscribe

Sign up to receive the magazine in print, by email or on CD – call **0330 333 0804** or email **magazine@alzheimers.org.uk**

You can also subscribe to the print magazine at **alzheimers.org.uk/subscribe**

Podcast

To listen to people with dementia sharing their stories, you can also visit **alzheimers.org.uk/podcast** or search 'Alzheimer's Society' on your preferred podcast app.





Visit Alzheimer's Society's online shop

For our full range of products and gifts, go to our online shop at shop.alzheimers.org.uk or email us at trading@alzheimers.org.uk

Every purchase you make helps fund our work to support all those who need our help and, ultimately, find a cure for dementia.

Our online shop offers a wide range of products including:

- assistive products to help with everyday life for people with dementia and their carers
- Alzheimer's Society branded products
- celebration gifts and favours for weddings and anniversaries
- Christmas cards
- a great range of gifts for all the family.

We also publish a Winter gift catalogue and a Helpful everyday products catalogue packed with helpful assistive products.

Lots of our helpful everyday products are reviewed by people with dementia and their carers so we can be sure we're offering you the best selection of products.

Memory Walk

30,000 people.
24 locations.
1 unifying purpose.

At an Alzheimer's Society Memory Walk, you'll feel it all! The buzz of the crowd, moments of quiet reflection for those loved and lost, the hug of a stranger who gets it.

Whatever you feel, you won't feel alone.

You'll join thousands of others to raise funds for vital dementia support and research as, together, we march towards a future where dementia no longer devastates lives.

Don your trainers and sign up for one of 24 accessible walks across the UK.

memorywalk.org.uk



Dementia Support from Alzheimer's Society

Alzheimer's Society provides a range of information, advice and support to anyone affected by dementia in England, Wales and Northern Ireland. You can reach us online, on the phone and face-to-face.



Online

Visit **alzheimers.org.uk/getsupport** for online advice and support whenever you need. Here, you'll find information on any aspect of dementia and the option to download or order what you need from our wide range of publications.

You can also connect to others affected by dementia on our Dementia Support Forum (**forum.alzheimers.org.uk**), and search for services in your area using our dementia directory at **alzheimers.org.uk/dementiadirectory**



Phone

You can contact our Dementia Support Line by calling **0333 150 3456** seven days a week. Our dementia advisers are available to listen, give support and advice, and connect you to the help you need in your local area. They can send out information that's right for you via email or post.

If you speak Welsh, call our Welsh-speaking support line on **03300 947 400**.

If English isn't your language of choice, we can arrange a simultaneous language translation service. Please call our English-speaking support line on **0333 150 3456**, say the English word for the language you would like to use, end

the call and wait. An interpreter will usually call you back within five minutes.

If you have a speech or hearing impairment and have a textphone or an adapted computer, you can use Text Relay to call our English-speaking dementia support line on **18001 0300 222 1122**.



Lasting power of attorney digital assistance service

We offer a Lasting power of attorney digital assistance service to help people living with dementia create LPAs online. If you don't have access to the internet, we can help you to create an LPA through a series of telephone appointments. The service does not provide legal advice. Call us on **0333 150 3456**.



Face-to-face services

Our local dementia advisers and volunteers can meet you to offer further support, advice and information. They can also connect you to other face-to-face services in your area.

These include Singing for the Brain®, activity groups and peer support for people with dementia, and information and support groups for carers.

Get involved

Alzheimer's Society has a range of different ways to find out more about our activities, get involved and influence our work. This includes opportunities for your experience to help other people affected by dementia.

Read our magazine

Keep in touch by reading Dementia together in print or online. You can also listen to the CD version or podcast. Our magazine comes out every two months. Find out more about its real-life stories and ideas on page 36.

Share your thoughts and ideas

Find out about ways to share your experiences and interests with our Involvement programme. You'll receive a monthly email newsletter with lots of opportunities to learn more about activities across the Society and help to shape a better world for people with dementia. To find out more email us at yoursay@alzheimers.org.uk or visit alzheimers.org.uk/involvement

Volunteer

You, your friends and family can get involved in a variety of activities such as supporting services in your local area, campaigning and fundraising. Email volunteers@alzheimers.org.uk, call **0300 222 5706** or go to alzheimers.org.uk/volunteer to find out more.

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Registered charity no. 296645. A company limited by guarantee and registered in England no. 2115499. Alzheimer's Society operates in England, Wales and Northern Ireland.

How to order publications

You can order most of the information in this catalogue for free. This includes booklets and up to six copies of 10 different factsheets. After that, each factsheet costs 20p plus postage.

You'll find more information at alzheimers.org.uk/publications including a link to a full list of publications.

From there you can download the publications for free. You can also use the online form to order one free copy of up to 10 publications.

You can also use the form opposite to order by post. To place an order, please complete the order form and send it to:

Alzheimer's Society
Suite 2, 1st Floor East Wing
Plumer House
Tailyour Road
Plymouth
PL6 5FS



Order form

Please fill out both sides of this form and return it to:
Alzheimer's Society, Suite 2, 1st Floor East Wing, Plumer House, Tailyour Road,
Plymouth PL6 5FS

Title	First name
Surname	
Address	
Postcode	
Telephone	
Email	

Choose to change the future of dementia

Please choose to stay updated on incredible research breakthroughs, fundraising and campaigning news, and the latest on our volunteering and services. Your data will not be sold to third parties. If you'd like to change what you receive from us at any time, please call Customer Care on **0330 333 0804** or email enquiries@alzheimers.org.uk

- Yes, please do contact me via email
- Yes, please do contact me via phone
- Yes, please contact me via social media
- Yes, please do contact me via SMS
- No contact via mail, please

To find out more about how we use your information please go to alzheimers.org.uk/supporterinformation

I enclose a cheque/postal order payable to Alzheimer's Society

To make a payment using a credit or debit card, please call **020 7423 7455**.

Please note that there is a postage and packing charge of £4.95 on every order. This does not apply if your order only includes free publications.

Order form

Please fill out both sides of this form

Item code	Publication title	Quantity	Amount

* This postage charge does not apply to free publications.

Order subtotal	
Donation (Thank you)	
Postage and packing	£4.95*
TOTAL £	

giftaid it **Gift Aid makes every £1 you give worth more at no extra cost to you**

I am a UK taxpayer and understand that if I pay less Income Tax and Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all of my donations across all charities, it is my responsibility to pay any difference. Alzheimer's Society reclaims 25p for every £1 you donate from the tax you pay for the current tax year. If you change your name, address or tax status, please let us know. Thank you for your support.

I am happy for all gifts of money that I have made to Alzheimer's Society in the past four years, and all future gifts of money that I make, to be Gift Aid donations



At Alzheimer's Society we're working towards a world where dementia no longer devastates lives. We do this by giving help to everyone who needs it today, and hope for everyone in the future.

For advice and support on any other aspect of dementia, call us on **0333 150 3456** or visit **alzheimers.org.uk**

Thanks to your donations, we're able to be a vital source of support and a powerful force for change for everyone living with dementia. Help us do even more, call **0330 333 0804** or visit **alzheimers.org.uk/donate**



Patient Information Forum



Together we are help & hope
for everyone living with dementia

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Code PL1